

# Pancake Day worksheet 1

★ Look and **circle** the things you need to make pancakes. Then complete the rhyme.

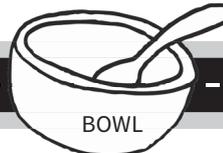
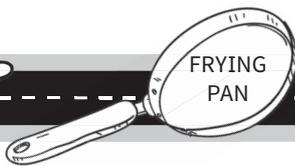
Are you ready for the pancake race? Follow the instructions to get to the finish line. Enjoy your pancakes at the end!



**START** → **1** What three ingredients do you need? **Circle** them.



**2** What three kitchen objects do you need? **Circle** them.



**3** Read the pancake rhyme. Choose three actions to complete it.

\_\_\_\_\_ a pancake,  
 Stir a pancake,  
 Put it in the pan;  
 \_\_\_\_\_ the pancake,  
 Toss the pancake,  
 \_\_\_\_\_ it if you can.

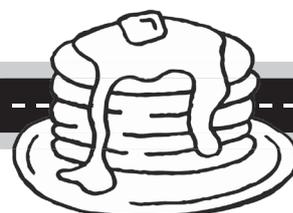
Fry

Wash

Mix

Boil

Catch



**FINISH**

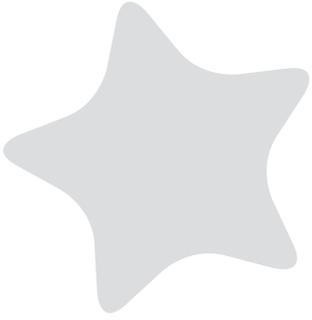
# Pancake Day worksheet 2

★ Look at this pancake face. What can you see?

I think it's a ...

Its ears are ...





# Pancake Day worksheet 3



**Listen to your partner's instructions and draw a pancake face.  
Then swap roles.**

Draw a ...  
Its eyes are ...



## Level 4

# Teaching notes

### Pancake Day

- These cultural notes describe both the origins of this festival, as well as its current traditions. You can explain as much as you think is relevant to your class and encourage students to recognize and point to the relevant items on the worksheet.
- In the United Kingdom, Pancake Day, also called Shrove Tuesday or Pancake Tuesday, marks the traditional feast day before the fast for Lent, which starts on Ash Wednesday. This Christian holiday is also celebrated as Carnival or Mardi Gras around the world. The date for Pancake Day varies each year depending on the Christian calendar, and it's directly related to the date of Easter. This festival always falls 47 days before Easter Sunday, so the date is moveable between February 3rd and March 9th. In the Middle Ages, people confessed their sins on Shrove Tuesday, so as to be forgiven before the Lent period. According to Christian tradition, Lent remembers the 40 days spent by Jesus in the wilderness, so Christians marked this event by fasting and giving up rich, fatty foods. On Shrove Tuesday, many people used ingredients, such as milk and eggs, to prepare and have pancakes before the fasting season. Pancake races became popular too. It is believed they may have started around 1445, so they have been held for more than 500 years.
- On Pancake Day in the U.K., people make and eat pancakes, and some of them take part in pancake races. Children like making pancakes with their families, and enjoying them afterward. There are different types of pancakes in the U.K. For example, in Gloucester, many pancakes are made with suet – a hard, white or pink fat made from beef or mutton. In Wales, Welsh cakes are made with flour, fat, eggs, milk, and dried fruit. People who participate in the pancake races carry pancakes in frying pans and flip them as they race to the finish. The first to get to the finish with a pancake that is not burned is the winner. Some people take time off work to take part in the pancake races. Some children love going to the races, to cheer for their family. One of the most famous races is the Olney Pancake Race, which is held in Olney in Buckinghamshire. The course for this race is about 379 meters long. Participants must wear traditional costumes such as an apron, a skirt, and a head covering if they want to run the race. After the race, official prizes are awarded at a shroving service in the parish church.

### Pancake Day worksheet 1

- **Pre-activity:** Use the picture of the pancake race to introduce students to the topic. Say *On Pancake Day in the U.K., people run pancake races. Sometimes they wear costumes. It's fun! Do you like pancakes / make pancakes at home?, How often do you eat pancakes?, Imagine you're running a pancake race. What costume are you wearing?* Encourage students to talk about the picture, e.g., *There's a man and a woman; The man's wearing (a business suit); The woman looks like (a mummy); It's in (London); People are (looking / smiling / clapping); A man's taking a picture; He might be (a reporter / photographer); I think (the mummy) will win;* etc. Pre-teach the verb *toss* using this picture. Say *Look, they're tossing the pancakes up in the air!*
  - Divide the class into teams (of four or five students each). The teams give themselves a (Pancake Day-related) name. Point to the pancake race game and say that the first team to complete the three tasks and get to the finish line is the winner. Go through the three instructions with the whole class and clarify any doubts. Set a time limit. In their teams, students circle the correct items and finally complete the rhyme.
- Key:** 1 items circled: flour, milk, eggs; 2 items circled: pan, bowl, spoon; 3 verbs that complete the rhyme: Mix, Fry, Catch
- Students can color the picture of the pancakes when they get to the finish line.
  - **Optional follow-up activities:** Point to the pancake rhyme and say it's a traditional rhyme for children in the U.K. Your class can learn it and say it from memory. Try different ideas: half the class says the first part of the rhyme while other half says the second part, or different groups take turns to say each line. You can also have the rhyme on the board and erase the verbs. Can your students remember them? Students can also take turns to act out one of the lines for their classmates to guess.
  - Students look at the rest of the ingredients in square 1 of the pancake race game. They take turns to say how they like their pancakes, using some of those ingredients (and any other ideas of their own), e.g., *I like my pancakes with (banana and honey).*

### Pancake Day worksheet 2

- Say *Look, it's a pancake face. What do you think it is?* Encourage students to describe the pancake face. Point to its nose and pre-teach the word *cherry*.

**Key:** (possible answer) *It may be a cat. Its ears and mouth are strawberries, its eyes are grapes, and its nose is a cherry.*

### Pancake Day worksheet 3

- **Pre-activity:** Get the class to give you instructions for you to draw a pancake face on the board. You could write a few useful phrases on the board if necessary, such as *Draw a ...*, *Its mouth is ...*, *Draw ... for its eyes*, etc. Students take turns to give you instructions. Get them to praise you for the end result!
- In pairs, students take turns to give each other instructions to draw a pancake face. They first think of the animal or character they want their partner

to draw, and the ingredients – tell students they can be imaginative and use fruit as well as vegetables or other ingredients for the features. As students work, circulate, commenting on their drawings. When they finish, partners praise each other for their drawings.

**Key:** Students' own answers

- **Optional follow-up activity:** Students get together with a different partner. They take turns to show each other their pancake faces, guess what they are, and what ingredients they are made with.